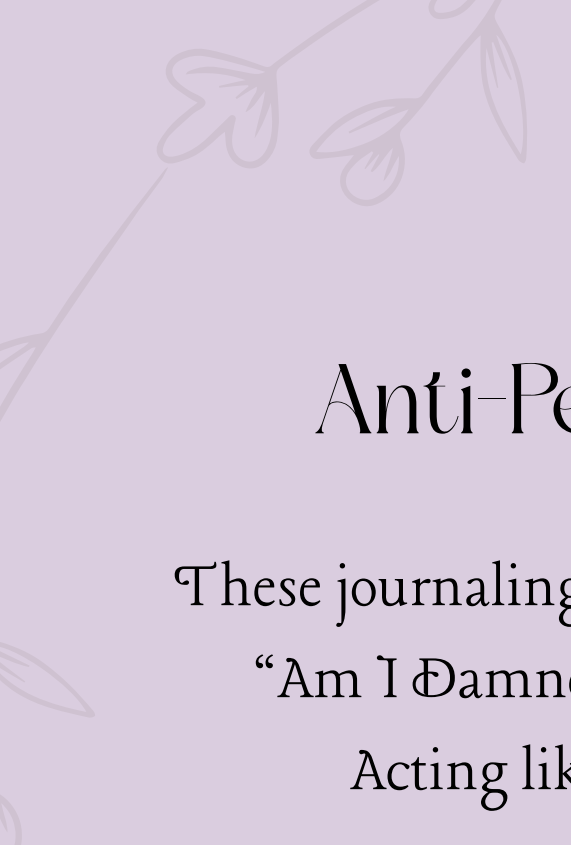




Anti-Performance Pages

These journaling pages are the companion to the article,
“Am I Damned? Three Truths To Help You Stop
Acting like Damnation Is Your Portion.”

Scriptural Starting Points:

- Romans 8:35, 37
- Ephesians 2:8-10
- Romans 6:10-11, 18, 22

You have the freedom to print and share these pages with
a loved one, stranger, or friend. Please simply credit me.

God Bless Your Journaling!

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Anti-Performance Pages

1. (Romans 8:35, 37 NLT) How does the word “victory” contrast with “condemnation”? How can this scripture help you when you feel abandoned or condemned?



Anti-Performance Pages

2. (Ephesians 2:8-10 NLT) How does this scripture change or strengthen your understanding of grace being God's empowerment of us unto godliness?

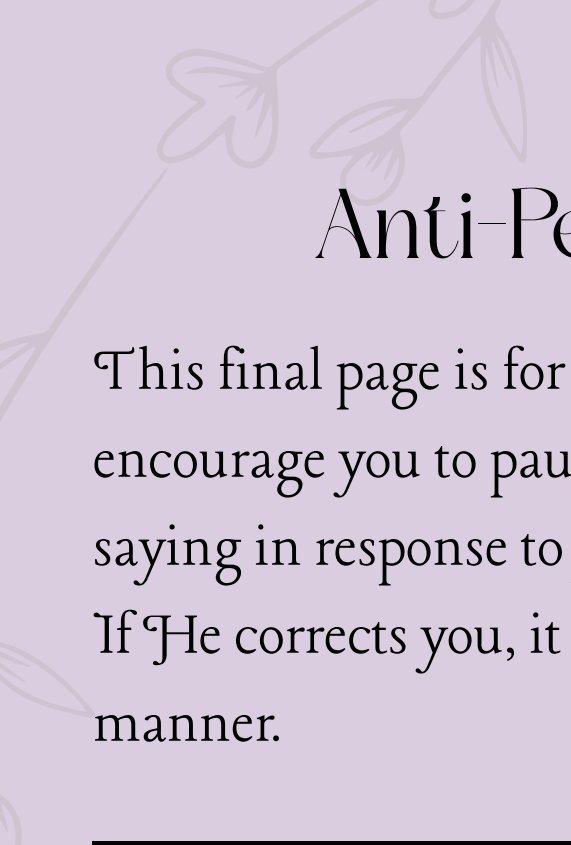
Anti-Performance Pages

3. (Romans 6:10-11, 18, 22 NLT) How does being dead to sin and being a slave to God impact how you view this Christian walk? Do these realities shift your perspective of human agency in any way?

[illegible]

Anti-Performance Pages

4. (Jeremiah 17:7-8 NLT) ¶How does the imagery of being a tree planted by streams of water contrast with performance mentality? If you were to believe this image is the model for abiding in Christ as opposed to performing for Christ, how would your view of your walk change?



Anti-Performance Pages

This final page is for you to write out a prayer to God. I encourage you to pause and listen for what you think He may be saying in response to you. Be wary of any voice of condemnation. If He corrects you, it is typically done in a tender but firm manner.



Anti-Performance Pages

I hope these pages have blessed you. I love you and I'm rooting for you! If you found these pages helpful please email me at gloryandgrowth@gmail.com. It would greatly encourage me to hear from you!

-Kourtney Naomi

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